



## CHOOSE YOUR MENU:

Below are a few of our menu suggestions, please have a look at our website for more options:

### BIG BREAKFAST MENU

The best way to start the day, something savory, something sweet, and something healthy.

HOT BACON BAPS OR  
HOT SAUSAGE BAPS  
A SELECTION OF CROISSANTS, DANISH PASTRIES & PAIN AU CHOCOLAT  
A PLATTER OF WHOLE SEASONAL FRUITS  
FRESH ORANGE JUICE (NOT FROM CONCENTRATE)  
**£6.75**

### THE WORKERS LUNCH

A simple but tasty menu perfect for a training day.

HOMEMADE BLOOMER SANDWICHES (1 SANDWICH P.P.)  
A SELECTION OF OUR HOMEMADE CAKES  
A PACKET OF TYRRELL'S CRISPS (1 PACKET P.P.)  
**£5.60**

### THE 'TIGHT BUDGET' MENU

Our lovely freshly baked baguettes combined with a few of our frugal but delicious hand made nibbles.

HOMEMADE FILLED BAGUETTES (1 BAGUETTE P.P.)  
CLASSIC SAUSAGE ROLLS  
CHEESE & MUSTARD PASTRY TWISTS  
MIXED SPICED CHICKEN FILLETS  
A SELECTION OF OUR HOMEMADE CAKES  
**£6.40**

### THE 'TEMPT YOUR TASTE BUDS' MENU

Our most popular menu by far. In our opinion the perfect Buffet Lunch.

A SELECTION OF FILLED ARTISAN BREADS (1 SANDWICH P.P.)  
MARINATED GRILLED CHICKEN FILLETS  
BACON, SPINACH & CRÈME FRAICHE TARTLETS  
SOFT GOATS CHEESE & GRILLED PEPPER CROSTINI  
KING PRAWNS COATED IN FLAKY FILO  
SPANICOPITA (GREEK FETA & SPINACH PASTRY SQUARES)  
A SELECTION OF OUR HOMEMADE CAKES  
**£8.45**

### THE 'BUFFET CLASSICS' MENU

The 'tempt your taste buds' menu with a nod to the more 'traditional' buffet nibbles. We do love the classics.

HOMEMADE BLOOMER SANDWICHES (1 SANDWICH P.P.)  
HOMEMADE CHUNKY SAUSAGE ROLLS  
HONEY GLAZED CHIPOLATAS  
CRISP CHICKEN & PRAWN SPRING ROLLS  
HOMEMADE CHEDDAR & TOMATO QUICHE  
CHEESE & MUSTARD PASTRY TWIST  
A SELECTION OF OUR HOMEMADE CAKES  
**£8.45**

### MENU A

A menu of Sandwiches and Cake with a few handmade nibbles to tickle the taste buds.

HOMEMADE BLOOMER SANDWICHES (1 SANDWICH P.P.)  
3 DIFFERENT TASTY NIBBLES PER PERSON (SELECTION CHANGES DAILY)  
A SELECTION OF OUR HOMEMADE CAKES  
**£7.00**

### MENU B

With an extra ½ a round of sandwiches per person, this is the perfect menu for those with a big appetite.

A SELECTION OF FILLED ARTISAN BREADS (3 DIFFERENT TYPES OF BREADS) (1.5 SANDWICHES P.P.)  
4 DIFFERENT TASTY NIBBLES PER PERSON (SELECTION CHANGES DAILY)  
A SELECTION OF OUR HOMEMADE CAKES  
**£9.00**

### THE 'INDULGENT' MENU

The Buffet built to impress. Perfect for a directors lunch or to coax a potential client.

A SELECTION OF FILLED ARTISAN BREADS (3 DIFFERENT TYPES OF BREADS) (1 SANDWICH P.P.)  
FILLET STEAK & CREAMED HORSERADISH YORKSHIRES  
MARINATED TIGER PRAWN & SALMON SKEWERS  
STILTON & CIDER MINI WELSH RAREBITS  
HOMEMADE SAVOY SAUSAGE ROLLS WITH MATURE CHEDDAR  
CAMBAZOLA, ONION CHUTNEY & PECAN NUT CROSTINI  
PORTUGUESE ASPARAGUS & PANCETTA TART  
A SELECTION OF OUR HOMEMADE CAKES  
**£12.30**

### DRINKS & CRISPS

1 LITRE FRESH ORANGE JUICE, NOT FROM CONCENTRATE	£2.50
750ML APPLE JUICE, NOT FROM CONCENTRATE	£2.40
2 LITRE SPRING WATER	£1.50
1.5 LITRE SPARKLING SPRING WATER	£1.50
TYRRELL'S CRISPS	£0.95
WALKERS CRISPS	£0.50

### HAND MADE TODAY

All our buffets are delivered with disposable plates, napkins, cutlery and cups as standard.

Our buffets are delivered between 10am & 12:30pm as standard and are safe to be eaten within 4 hours of delivery if unrefrigerated.

If you have any special dietary requirements please let us know as we can cater for most.

If you require your buffet to be delivered at a specific time then please let us know. We cannot guarantee delivery times but we will try our best to deliver within 30 minutes of your requested time.

### AT FRESH

~ WE LOVE FOOD AS WE KNOW YOU DO ~

That's why we cook all our food on our **OWN PREMISES** using our **OWN RECIPES** and the **FRESHEST INGREDIENTS** we can find.

*We don't just tip it out of boxes into fat fryers as is common today for our industry.*

We also **source** as many of our ingredients as **locally** as we can. Needless to say our food is **free of all the nasties** found in processed foods.

**We only supply corporates and businesses and know that good food is not enough.**

So we also make sure **OUR SERVICE IS FIRST CLASS** and our deliveries are **ON TIME EVERY TIME.**

GREAT FOOD, FRESHLY PREPARED AND DELIVERED ON TIME

Orders should be placed before 2pm for next day delivery. If you have an emergency or simply forgot to order, give us a call and we will do our best to help. Cancellations can be made up to 3pm the day before delivery. Any cancellations made beyond that time will be charged for in full and delivered unless you ask us not to.

